



# CAMP CANADENSIS

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## Activities

Camp Canadensis offers fun, safe, and varied activities. Throughout the activities section, we have highlighted some of our activities, fields, and courts that could be made available to your group. If you have any other plans in mind, let us know and we can work with you to suit your needs!

### 13 Miles of Scenic Hiking Trails

Surrounding our privately owned lake, Lake Lenape, 13 miles of scenic hiking trails are available. Maps are provided and all trails are marked according to color. Camp Canadensis staff can provide a guided hike to our waterfall. It is truly an amazing place to take a relaxing walk or to learn more about nature.

### Climbing Wall

If outdoor climbing is your thing, this is for you! Camp Canadensis has a brand new 32 foot climbing wall. The wall has four faces, each providing a different challenge, and can accommodate 4 climbers simultaneously.

### Climbing Boulder

A rock shaped formation gives you the ability to practice your climbing skills before attempting the higher wall. Conveniently located in the center of our Ropes and Climbing Complex, it is ideal for use while waiting to climb the wall.

### 75 Acre Private Lake

Camp Canadensis features a 75-acre private lake, Lake Lenape. Activities on our lake include rowboats, canoes, and funyaks. Life jackets are provided and the lake is fully staffed by Camp Canadensis Waterfront Staff. In addition, our lake is great for fishing off of the dock or the bridge.

### 3 Heated Swimming Pools

3 heated swimming pools are spread throughout the camp property. All pools are fully lit, allowing for night swimming.

### Gymnastics Center

Camp Canadensis is home to a 5,000 square foot indoor gymnastics center complete with a tumbling track and foam pit, a balance beam, and more.

### Archery Range

The archery range is complete with 4 targets and shooting stations. Bow and arrows are provided by Camp Canadensis.

### 2 Beach Volleyball Courts / 2 Hard Surface Volleyball Courts

Located on our lakefront, two Olympic size beach volleyball courts are available for use for a fun game of pick up Volleyball while enjoying the sun at our lake or for organized team games. One of our beach volleyball courts is lit for night games. In addition, we have two hard surface volleyball courts near the entrance to camp, both lit for night games.

## **2 Hockey Rinks**

Camp Canadensis offers two hockey rinks. One is an outdoor rink, while the other, our Spectrum, is an indoor, open-air facility.

## **6 Baseball Diamonds**

Baseball players look no further! At Camp Canadensis, we have 3 baseball clay diamonds and 3 grassy fields, all perfect for games of softball/baseball or kickball.

## **16 Tennis Courts**

Located throughout Camp Canadensis are 16 tennis courts; 12 are lit for night play. The courts are approved for USTA sanctioned events.

## **9 Basketball Courts**

If basketball is your sport, then we have the facilities for you. Camp Canadensis has 7 outdoor lit courts available for day and night play. The pavilion, a large open air covered pavilion has recently been resurfaced with two courts featuring professional basketball hoops as well, great for those rainy days.

## **2 Gaga Courts**

Gaga, a form of dodge ball, is popular among school aged kids. There are 2 gaga courts available for nonstop fun and Camp Canadensis can even provide instructions on how to play the game.

## **3 Soccer Fields**

There are 3 soccer fields that can be used to play soccer games, capture the flag, relay races, and other activities.

## **4 Football Fields**

Upon request, our soccer fields, and the field behind the main office, can be lined as football fields, perfect for football teams and marching bands.

# Facilities

## Outdoor Amphitheatre

Our newly built outdoor amphitheatre, which is located right behind the dining hall, is the perfect place to hold a ceremony, show or concert. It seats over 600 people and is fully lit for night use. The seats also overlook the lake, giving everyone a beautiful view.

## Indoor Meeting Rooms

Located throughout our camp, there are a multitude of indoor meeting rooms, varying in size. For those unfortunate rainy days, we can accommodate activities and meetings in our various indoor facilities. We will work with your group to determine which room would best suit your needs. The following is just a sampling of some of our indoor rooms.

### 3 Open-Air Indoor Pavilions

Camp Canadensis boasts two indoor, open-air pavilions that can hold up to 700 people each and 1 pavilion that can hold up to 150 people. They can be used for indoor sports, such as basketball, hockey, relay races, and games or large meetings, concerts, and dance facilities.

### Main Recreational Hall

Equipped with a stage and curtain and state-of-the-art lighting and sound, this building can host over 500 people at a time for meetings, talent shows, dances, games, concerts, and other activities.

### 2,000 Square Foot Meeting Center

Located across the lake is an indoor meeting center. This room can accommodate up to 200 people comfortably and features a beautiful outdoor sundeck overlooking a pool and tennis courts.

### Dance Room

Our indoor dance room, located at the entrance to camp, can be used for registration at the beginning of your program. Additionally, it can seat over 100 people comfortably and be used for meetings or indoor activities.

### Stadium Seating Movie Theater

Camp Canadensis has a state-of-the-art stadium seating movie theater that can accommodate over 100 people. The movie theater features a projector and large screen for easy viewing of DVDs and video tapes. This facility can also be used for group meetings, lectures, seminars, or other educational purposes.

### 9,000 Square Foot Arts Center

Our arts center can be used by groups for arts & crafts or smaller breakout sessions. The arts center boasts 5 individual rooms that can hold 30 people each, and an outdoor courtyard complete with tables and chairs.

### Canteen and Snack Bar

Our newly built canteen is a great place to hang out and relax. It has a variety of arcade games, air hockey, and outdoor table tennis. The canteen is also fully stocked with assorted candy, chips, pretzels, ice cream and soda.

# Environmental Programs

Camp Canadensis offers many different educational environmental programs, geared mainly towards schools. The following is a sampling of our environmental programs.

## Pond Study

Located on the edge of our private lake and at the entrance to our 13 miles of scenic trails is a newly built pond study area. An instructor manual can be provided that details some of the animals living in our lake. The pond study's purpose is to introduce participants to a typical wetland habitat and familiarize them with the animals that live there.

## Forest Study Program

Throughout our 13 miles of private marked trails, there are a wide variety of plants and trees. An instructor manual is provided that includes three different fun and educational activities as well as a key to trees.

## Wildlife Study Program

Similar to our forest study program, the wildlife study introduces participants to the animals that can be found in our trails. An instructor manual includes educational games, animal classification key, and a worksheet to be completed.

## Orienteering

Our orienteering program takes place throughout our entire camp. Orienteering is a sport that involves navigating between unknown points with the aid of a map and a compass. It has been compared to a scavenger or treasure hunt in the woods. Many teachers have welcomed the opportunity to add a beneficial, hands on, fun program like orienteering into their school curriculum. We provide teachers with an instructor's manual that explains the activity and introduces participants to the basic skills needed for orienteering.

# Outdoor Leadership Programs

The following is a sampling of some of our leadership programs at Camp Canadensis. We can discuss specific programs pertinent to your group with you. Some programs may not always be available at all times, based on staffing needs.

## 8 Element Low Ropes Course

A short walk from the main office, tucked away in the woods, is our 3-acre low ropes center. We offer 8 different elements and professional instruction by our highly trained staff. We provide an introduction to team building and proper spotting techniques as well as a debriefing at the conclusion of the low ropes program. Low ropes at Camp Canadensis aims to provide the opportunity for participant development, through an improved self-image and meaningful social interaction fostered by team building exercises.

## 9 Element High Ropes Course

Located next to our climbing walls, the high ropes course features 9 different elements, including a zip line. Our highly trained professional staff will teach participants about safety and ensure each participant is fitted in the proper harness. The High Ropes Program at Camp Canadensis aims to provide the opportunity for personal development, which will focus on improved self-image and expanded self-confidence.

## Sensory Trail

Our sensory trail, located in the woods near the entrance to camp, builds self-motivation and also team communication. Our staff is trained to assist participants in using their sense of touch to complete the sensory trail successfully.

# Cabins, Meals, and Staff

## Cabins

We have 52 modern cabins, each able to house a minimum of 14 people. All cabins are equipped with private showers, sinks, lavatories, and twin size beds with mattresses. Participants are required to bring their own linens or sleeping bags. Camp Canadensis is continuously making improvements to our existing cabins and bathrooms as well as rebuilding cabins throughout camp each year.

## Meals

All meals are served in our dining hall, which features four individual rooms and a three-tiered deck, which overlooks our private lake. Our dining hall can seat over 600 people indoors at one time. Additionally, there are tables and chairs on our deck for outdoor eating. The camp chefs prepare excellent home cooked meals three times daily. Meals are served all you can eat cafeteria style with a cereal bar at breakfast and a complete salad bar at lunch and dinner. We can tailor our menu to accommodate your group's preferences.

## Staff

Camp Canadensis is fully staffed with trained counselors, cooks, kitchen, and maintenance staff. The goal of all staff members is to ensure that your group's time spent at Camp Canadensis is both safe and fun for all participants. Our counselors include certified lifeguards, certified ropes course/wall instructors, trained facilitators for team building programs, and specialists in many of our activities.