



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

**BREAKFAST**

Breakfast Bar Daily

Bagels  
Lox/Whitefish salad  
Cream Cheese  
Jelly and Margarine  
Sliced Cheese

Hard Boiled Eggs  
Orange/Apple Juice & Milk

Scrambled Eggs  
Biscuits

Hard Boiled Eggs  
Orange/Apple Juice & Milk

Belgian Waffles  
Syrup  
Fresh Strawberries

Hard Boiled Eggs  
Orange/Apple Juice & Milk

Scrambled Eggs  
Home Fried Potatoes  
Toast

Hard Boiled Eggs  
Orange/Apple Juice & Milk

Pancakes ( plain and chocolate chip)  
Syrup  
Fresh Blueberries

Hard Boiled Eggs  
Orange/Apple Juice & Milk

Plain Omelet  
Cheese Omelet  
Toast



Hard Boiled Eggs  
Orange/Apple Juice & Milk

French Toast  
Syrup

Hard Boiled Eggs  
Orange/Apple Juice & Milk

**LUNCH**

Salad Bar Daily

Chicken Fingers  
Grilled Fresh Fish

Pitchers-Juice/Water

Tacos  
Taco Shells  
Chips & Salsa  
Black Beans  
Guacamole

Pitchers-Juice/Water

Grilled Cheese Sandwiches (on wheat and white bread)  
Tomato Soup w/ Goldfish

Pitchers-Juice/Water

Chicken Caesar Wraps  
Vegetable Soup



Pitchers-Juice/Water

Macaroni and Cheese  
Egg Salad  
Tuna Salad  
Mini Egg twist Rolls

Pitchers-Juice/Water

Personal Pizza  
Cooked Mushrooms  
Cooked Onions  
Cooked Green Peppers  
All veggies separate on side

Pitchers-Juice/Water

Deli-Sandwiches  
Turkey, Salami, Roast Beef  
Wheat Bread  
Pretzel Rolls  
Potato Chips

Pitchers-Juice/Water

**DINNER**

Salad Bar and Pasta Bar Daily

**Pasta Festival**  
Cheese Tortellini  
Whole Wheat Spaghetti  
Red Sauce, White Sauce  
Oil/Garlic Sauce  
Mixed Veggies  
Breadsticks

Pitchers-Juice/Water

Grilled Chicken  
Sweet Potato Fries  
Cooked Carrots



Pitchers-Juice/Water

Spaghetti and Meatballs  
Steamed Broccoli Florets  
Garlic Bread

Pitchers-Juice/Water

**Asian Night-served in Takeout Boxes**  
Chicken lo-mein  
Veggie lo-mein  
Dumplings: Edamame, Chicken Teriyaki, Veggie  
Egg Roll  
Fortune Cookies

Pitchers-Juice/Water

Roast Turkey  
Mashed Potatoes  
Cranberry Sauce  
Corn  
Gravy

Pitchers-Juice/Water

**Shabbat Dinner**  
Matzoh Ball Soup  
Orange Chicken  
Potato Kugel  
Steamed Mixed Veggies  
Challah

Pitchers-Juice/Water

**BBQ Night:**  
Hamburgers  
Hotdogs  
Veggie Burgers  
French Fried



Pitchers-Juice/Water

**FRUIT ON THE FLY**

Apples

Peaches

Grapes

Strawberries

Pears

Nectarines

Plums